

# CME Post-Test

## Obesity Management Strategies *Continuum of Care - Behavior Modification through Pharmacotherapy and Surgery*

**Instructions for Credit:** There is no charge to participate in this activity. Participants who correctly answer 3 questions on the post-test are eligible for continuing education credit. Participants must review the activity, then complete and return the post-test answer sheet, evaluation and certificate information to:

**ABcomm, Inc.**  
**2005 Round Barn Road**  
**Champaign, IL 61821**  
**Fax: (217) 352-3956**

Please allow 3 to 4 weeks for processing  
**Submission Deadline: October 31, 2008**

### Certificate of Credit Mailing Information:

Name \_\_\_\_\_ Social Security No. \_\_\_\_\_  
(For record-keeping purposes only)

Address \_\_\_\_\_

\_\_\_\_\_  
(City) (State) (Zip Code)

Phone Number \_\_\_\_\_

**Learning Assessment:** The following questions are designed to help you reflect on the slide presentation on this CD. Based on the material you have read, please choose the most correct answer to each question.

- Caloric intake has increased by about 300 calories per person per day over the last 15 years, which accounts for the dramatic rise in obesity. True False
- Meal replacements may be effective for people with certain types of personalities because they offer structure. True False
- In the STORM study, sibutramine was more effective in preventing weight gain compared to placebo over the 24-month study period. True False
- A recent study reported a positive effect seen with orlistat therapy in obese adolescent patients. True False

**Program Evaluation:** Please rate your opinions of this program below.

	Strongly Disagree				Strongly Agree
1. The material was addressed in sufficient depth.....	1	2	3	4	5
2. The information was fair and well-balanced. ....	1	2	3	4	5
3. The content was relevant to your practice. ....	1	2	3	4	5
4. The activity learning objectives were met. ....	1	2	3	4	5

How will this information impact your practice?

What future topics would be of interest to you?